

**PRE-PHYSICIAN ASSISTANT AND PRE-PHYSICAL THERAPY**

Associate of Arts Oregon Transfer (AAOT) Degree  
90 credits

Students interested in pursuing professional degrees to become a Physician Assistant (PA) or Physical Therapist (PT) are required to complete a bachelor's degree, preferably in a related area, including any of the biological sciences. To provide a solid foundation for bachelor's degree work, students are encouraged to complete the Associate of Arts Oregon Transfer (AAOT) degree, with an emphasis on pre-PA or pre-PT coursework. A suggested course of study is listed below. Students may transfer to a baccalaureate institution without the AAOT; however, completion of this degree guarantees that a student will transfer with junior standing and that all lower-division general education coursework is complete.

Students should check with each school to ensure that the latest transfer information is used when designing their program.

All courses must be completed with a grade of "C" or better.

**GENERAL EDUCATION/FOUNDATIONAL REQUIREMENTS****Writing**

WR 121	Academic Composition	4
WR 122 or WR 227	Argument, Research and Multimodal Composition Technical Writing	4

**Oral Communication**

SP 111 or SP 114 or SP 115 or SP 218 or SP 219	Fundamentals of Public Speaking Argumentation and Critical Discourse Introduction to Intercultural Communication Interpersonal Communication Small Group Communication	3-4
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**Mathematics**

MTH 105 (or higher)	Math in Society	4
Recommend:		
MTH 111	College Algebra	

<b>Health</b> (3 credits with HHP prefix)		3
HHP activity courses (1 credit each) are not to be duplicated		

**GENERAL EDUCATION/DISCIPLINE STUDIES**

See the Discipline Studies list for options. One of the courses must be designated on the list as a cultural literacy course.

**Arts and Letters** 9-12

At least three (3) courses from at least two (2) prefixes.

**Social Science** 12-16

At least four (4) courses from at least two (2) prefixes.

**Science/Math/Computer Science** 12-20

The two PA programs in Oregon, Oregon Health & Sciences University (OHSU) and Pacific University have a year of Human Anatomy & Physiology as a prerequisite. BI 231-233 (Human Anatomy & Physiology I, II, III) fulfills this requirement.

The OHSU PA program also has a Microbiology lecture-and-lab course as a prerequisite. BI 234 (Microbiology) fulfills this requirement. BI 234 also can be applied as a biological sciences prerequisite for the PA program at Pacific University.

The two PA programs in Oregon also have a chemistry prerequisite, which can be met with courses in CH 104-106 (Introduction to Chemistry I, II, III) and/or CH 221-223 (General Chemistry I, II, III).

The Pacific University PT program also has one year of general physics (non-calculus based) as a prerequisite, which can be met with PH 201-203 (General Physics I, II, III).

The student and her/his advisor should review program prerequisites to determine what other courses may be taken at COCC.

The AAOT itself has the following requirements:

At least four (4) courses from at least two (2) prefixes including at least three (3) laboratory courses in biological and/or physical science.

Recommend:

BI 211	Principles of Biology I	5
BI 212	Biology of Plants II	5
BI 213	Biology of Animals III	5
CH 221	General Chemistry I	5

**ELECTIVES**

Students should take enough electives to reach the 90 minimum credits required for the AAOT degree.

Recommend:

CH 222	General Chemistry II	5
CH 223	General Chemistry III	5
FN 225	Human Nutrition	4
MTH 112	Trigonometry	4
MTH 113	Topics in Precalculus	4
MTH 251	Calculus I	4
MTH 252	Calculus II	4
MTH 253	Calculus III	4
PH 201, 202, 203 or PH 211, 212, 213	General Physics I, II, III General Physics I, II, III	15

The following websites are helpful tools in identifying colleges across the U.S. which offer either a Physician Assistant and/or Physical Therapy degree and their respective lower division requirements.

American Physical Therapy Association: [apta.org](http://apta.org).

Physician Assistant Education Association: [paeonline.org](http://paeonline.org).