

## PUBLIC HEALTH

Associate of Arts Oregon Transfer (AAOT) Degree  
90 credits

Careers in public health are multifaceted, as are the opportunities for further study. Career options and areas of study include Behavioral and Social Science, Biostatistics and Informatics, Community Health, Epidemiology, Environmental Health, Global Health, Health Policy and Management, Health Promotion, Maternal and Child Health, Minority Health and Health Disparities, and Public Health. Public Health professionals focus on preventing disease and injury by promoting healthy lifestyles. They also work to improve the conditions that affect the health of populations by addressing personal, community, environmental and global health concerns to increase access to health care, prevent and control chronic and infectious diseases, limit health disparities and reduce environmental hazards, violence and substance abuse.

This Associate of Arts Oregon Transfer (AAOT) program is designed as a broad-based degree in the area of health studies in communities and populations. The program is also designed for maximum transferability into the Oregon State University College of Public Health & Human Sciences: Bachelor of Science in Public Health, 2 tracks: Health Promotion & Health Behavior and Health Management & Policy. The new joint School of Public Health at Oregon Health Sciences University and Portland State University will soon offer a bachelor degree in Public Health, pending their accreditation review. Students should check with specific universities to ensure the most current transfer information is accessed when designing their program.

The AAOT degree meets the state of Oregon transfer degree requirements, allowing students to transfer to an Oregon public university and many out-of-state universities having met all lower-division general education requirements. With appropriate course planning, all lower-division major requirements may also be met. Students should work closely with an advisor to select the best degree option and review specific transfer requirements.

The following is a suggested course of study for students interested in transferring to a bachelor's degree program in public health or health studies or community health. This information reflects an accurate picture of transfer requirements at the time of approval, using catalog, advisors and web resources for consultation. However, degree requirements can and do change. Students should use their transfer destination's academic resources to keep abreast of requirements.

All courses must be completed with a grade of "C" or better.

### GENERAL EDUCATION/FOUNDATIONAL REQUIREMENTS

#### Writing

WR 121	Academic Composition	4
WR 122 or WR 227	Argument, Research and Multimodal Composition Technical Writing	4

#### Oral Communication

SP 111 or SP 114 or SP 115 or SP 218 or SP 219	Fundamentals of Public Speaking Argumentation and Critical Discourse Introduction to Intercultural Communication Interpersonal Communication Small Group Communication	3-4
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#### Mathematics

MTH 105 (or higher)	Math in Society	4
Recommend:		
MTH 111	College Algebra	

<b>Health</b> (3 credits with HHP prefix)		3
HHP activity courses (1 credit each) are not to be duplicated		

### GENERAL EDUCATION/DISCIPLINE STUDIES

See the Discipline Studies list for options. One of the courses must be designated on the list as a cultural literacy course.

#### Arts and Letters 9-12

At least three (3) courses from at least two (2) prefixes.

#### Social Science 12-16

At least four (4) courses from at least two (2) prefixes.

Recommend:

HHP 100*	Introduction to Public Health	4
HHP 248*	Health Psychology	4
PSY 201	Mind and Brain	4
SOC 201	Introduction to Sociology	4

#### Science/Math/Computer Science 12-20

At least four (4) courses from at least two (2) prefixes including at least three (3) laboratory courses in biological and/or physical science.

Recommend:

BI 101	General Biology I: Cells & Genes	4
BI 102	General Biology II: Evolution	4
BI 103	General Biology III: Ecology	4
MTH 243	Introduction to Probability & Statistics I	4

### ELECTIVES

Choose enough elective credits to reach a minimum total of 90 overall degree credits. Elective courses must be numbered 100 or above and can be any combination of general electives, Career and Technical Education (CTE) courses (12 credits maximum) or CWE/HHP performance courses (15 credits maximum).

#### Recommend:

EC 201	Microeconomics	4
HHP 210*	Introduction to the Health Care System	3
HHP 231	Human Sexuality	3
HHP 240	Science of Nutrition	3
HHP 267	Wellness Coaching	3
HHP 281	Public Health Practicum	1-2
SOC 212	Race, Class and Gender	4

### ADVISING NOTES

#### \*Pre-Public Health Core Courses

The following courses are essential lower division core courses for students intending to transfer to OSU's Bachelor of Science in Public Health, to Portland State University's BA/BS in Health Studies and to the new BSPH at Oregon Health Sciences University and Portland State University's new joint School of Public Health currently undergoing national accreditation review.

HHP 100	Introduction to Public Health	4
HHP 210	Introduction to the Health Care System	3
HHP 248	Health Psychology	4
MTH 243	Introduction of Probability and Statistics I	4

Note: HHP 100 articulates with PSU's PHE 250 in the BA/BS Health studies.

#### Lab fees

- \$20 for HHP 212A (1 credit)
- \$20 for all HHP 185 activity courses for Mazama Gym user fee