
CULTIVATING A GROWTH MINDSET INSTITUTE

Oregon Student Success Center | Spring 2017

The Institute is provided in a sequence of three drive-in, all-day meetings during Spring 2017 to be held at Lane Community College in Eugene. Participants must commit to attend on all three dates:

March 10, 2017

April 14, 2017

May 19, 2017

Facilitators

Mary-Jo Apigo, West Los Angeles College

Miguel Powers, Fullerton College

Application Details

Application deadline:

November 4, 2016

Successful Applicants will be notified by: **January 6, 2017**

Submit completed applications to Elizabeth Cox Brand, Executive Director, Oregon Student Success Center, at elizabeth@occa17.com

In over twenty years of research, Carol Dweck and a long list of colleagues have identified fixed and growth mindsets, which are two contrasting approaches on how individuals think about, and behave in, the world. Several studies have demonstrated that successful intervention can change student mindset and improve student success. Studies have shown these benefits in K-12, as well as college environments.

This institute presents strategies to implement research-based growth mindset practices to improve student learning for community college students. Over a series of studies, these practices have been shown to improve student learning strategies and help students respond to challenge. Although research demonstrates that growth mindset changes student behavior and improves student success, scant research examines specific practices and approaches for the classroom and beyond.

This institute describes growth mindset interventions at twenty California community colleges, across basic skills and transfer-level courses. The facilitators present sample lesson plans and research on faculty and student impact. The research includes qualitative and quantitative data from faculty practitioners and students on the impact of growth mindset interventions, including measuring student success, effort, and resource use. Participants will learn how to incorporate growth mindset into their classes and professional practice.



Selection Criteria

If more applications than can be accommodated are received, the following criteria will be used in the selection process:

- Higher Priority will be given to those that have attended previous Growth Mindset events.
- Higher Priority will be given to faculty teams representing a mix of disciplines and roles.

Participation Requirements

Selected college teams will agree to do the following:

1. Maintain a consistent team that attends all three Institute sessions;
2. Identify one Spring 2017 target class for each team member;
3. Pilot Growth Mindset activities in target classes between each of the training sessions;
4. Report on pilot activities at the April 14th and May 19th sessions;

Program Information

- Friday sessions will occur March 10, April 14 and May 19 at the Center for Meeting and Learning or the Downtown Center of Lane Community College in Eugene.
- All sessions provide expert facilitation and modeling of Growth Mindset interventions for the classroom.
- Sessions are interactive and provide participants with opportunities to practice activities, generate ideas for classroom applications and ask questions.
- Each participant will pilot four brief Growth Mindset interventions within a target class over the course of the Spring 2017 term. Non-teaching participants may target and “borrow” another instructor’s class within which to pilot the four interventions.
- Participants will report on at least one piloted intervention for the April 14th session and at least one additional piloted intervention at the May 19th session.

