

**STRUCTURE FIRE SCIENCE/EMS
JOINT RECRUITMENT SCHOLARSHIP
Combat Challenge Introduction**

This introduction is provided to ensure that each individual participating in the combat challenge receives adequate and standardized instruction prior to attempting the course. **There will be a member of Joint Recruitment Scholarship Committee present at all times to answer questions.**

Preparation - Each participant is encouraged to warm up and stretch prior to attempting the course.

- I. Warm up should consist of any activity that will raise the heart rate and adequately warm the muscles in preparation for strenuous physical activity.
- II. Stretching exercises should focus on improving flexibility of the larger muscle groups that will be used in attempting the course.
- III. As one participant starts the course, the next two participants will be in the ready area prepared to begin the course.
- IV. This is a timed, Pass/Fail test. The maximum time allowed for completion of the course described below is ten (10) minutes.

Equipment – Each participant must utilize the following equipment while attempting the Combat Challenge course.

- I. Participants **must wear support shoes ABOVE the ankle** or they will be dismissed from the testing process, **NO EXCEPTIONS!**
- II. Comfortable pants or shorts may be worn.
- III. Structural firefighting turnout coat with gloves and helmet. (*This will be provided for you for the test*)
- IV. SCBA will be provided and must be worn for entire test.

Combat Challenge Course Description – Bend Fire Training Grounds

- I. **Aerial Ladder Climb** – participants will be required to climb to the top of an aerial ladder and then climb down. This is pass/fail and not timed.
- II. **High Rise Carry** – Time begins when the participant touches the first hose bundle.
 - A. Pick up the first hose bundle, shoulder it and begin climbing the stairs.
 1. Participants will be permitted skip steps on the way up. They are encouraged to use the handrail. Be aware of a low clearance near the top of the stairs.
 - B. When both feet reach the top platform, drop the hose bundle to the right and return to the bottom of the stairs.
 1. Participants **MUST** use the handrails and touch **EVERY** step on the way down.
 2. Pick up the second hose bundle and return to the top to drop it with the first.
 3. Move to the Hose Hoist

III. Hose Hoist

- A. Raise the donut roll from ground level to the top platform (over the handrail) and assure it stays on the platform.

IV. Forcible Entry Simulator

- A. Proceed down the stairs (using the handrails and touching each step) and walk to the forcible entry simulator.
- B. Move the 165 lb. I-beam five feet by striking it with the 9 lb. shot mallet.
- C. When you see “GO” on the red background, move to the hose advance.

V. Hose Advance

- A. Step off the forcible entry simulator. Walk 140 ft. around the specified traffic cone and back to the 1 ¾” nozzle.
- B. Shoulder the charged 1 ¾” hose, advance it 75’ and show water in the designated area and begin walking to the rescue drag.

VI. Rescue Drag

- A. Walk 30’ to the rescue mannequin.
- B. Drag the rescue mannequin 100’ across the finish line.
 - 1. You may pick up the mannequin or drag it using the webbing strap provided.
 - a. You may not lift the mannequin over shoulder height.
- C. Time ends when both the participant and mannequin cross the finish line.

VII. Penalties

- A. 5 second time penalties may be assessed for any of the following violations (up to 30 seconds maximum).
 - 1. Skipping steps going down the stairs
 - 2. Failure to use handrails going down stairs
 - 3. Running between any task stations
 - 4. “Pushing” or “Raking” the forcible entry I-beam
 - 5. Failure to cross hose advance finish or show water
- B. The entire test must be continuous. No stoppage of more than 10 seconds and you can **ONLY** pause once per station.
- C. If participant doesn’t perform a task correctly, administrator will notify of 1st warning, if administrator has to issue a 2nd warning the test is over and a FAIL.