

BARCELONA 2022 NEWS

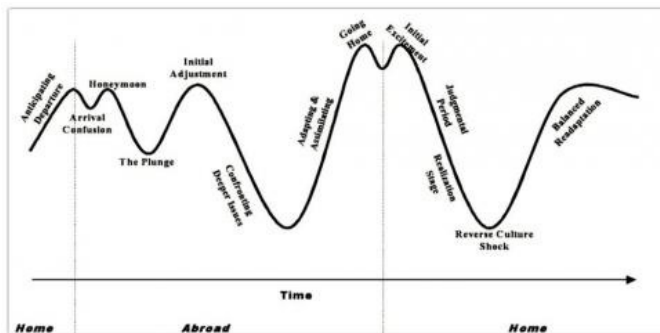
October 19, 2021

FINDING YOUR TRIBE



We're not going to Barcelona to visit. We're going so that we can explore being part of a culturally different community for some period of time. One way to get inside a new place is to look for others who share your interests. Perhaps you're a rugby player -- [this webpage](#) talks about various clubs you might get a chance to practice or play with. Perhaps you love to fly kites from your time at Oregon's beaches - there's a Facebook group for that, the Barcelona Kite Flying Association. I love maker-spaces (community workshops for making things) and, no surprise, I've got a list of places to explore when I get to Barcelona. Who have you searched for?

THE ROLLER COASTER



Travelling abroad to live and learn in another culture is full of emotional ups and downs for everyone. It doesn't matter whether you call it 4 stages or 9 phases it's all normal. Luckily our partners, Barcelona SAE, have loads of experience helping students meet and negotiate these predictable experiences. One reason why we partner with them is their skill and experience helping students work with these stages. You can help the process by doing a little reading so you have a sense of what to expect. Search for "study abroad emotional stages" and see what you find. We will also nurture our own supportive travel community before and while we are there.

PLACES IN BARCELONA

Montseny Natural Park:

About an hour NE of Barcelona by train the Montseny Natural Park is on UNESCO World Network of Biosphere Reserves. This park is home to wonderful hikes both in the forest and looking out towards the sea and the Pyrenees. There are neolithic structures along with iron age and roman structures. Hikers pass through a range of ecosystems as they ascend the Montseny Massif over 1700 m (like climbing the South Sister) to reach various peaks. Some weekend when Barcelona feels a bit crowded I expect to find some solace at this park.

Upcoming Meeting:

We are having an in person meeting on Tuesday evening October 26 at 6:00 pm in SCI 190 (downstairs in the Science Building). A first chance to meet others who are considering this program.

Contact Sara Henson (shenson@cocc.edu) or Bruce Emerson: (bemerson@cocc.edu) for more program information