



List of What to Bring

You'll be at STRIVE for four nights and four days so try to bring clothing for this amount of time. Please bring appropriate clothing for the various activities. Remember, you'll be attending college level classes, so dress appropriately!

The following is a list of items you may want to bring:

- Pants and/or shorts
- T-shirts
- Sweatshirt
- Underclothes (including socks)
- Something to sleep in
- Toiletries (toothbrush, toothpaste, hair brush, shampoo, soap)
- Sneakers and comfortable clothes for hiking
- Comfortable shoes for day-to-day use
- Towel for showers
- Bathing suit/comfortable clothes for swimming (optional)
- Pillow (other bedding will be provided)
- Nice clothes for the celebration dinner (whatever clothing feels special or celebratory for you)

*If you unable to bring what you need, please contact Geneva Mayall ASAP-- we do have money to help with anything you may be missing, no questions asked. We want you to be comfortable and enjoy your week!

Call or email if you have any questions.

Geneva Mayall

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