

CENTRAL OREGON COMMUNITY COLLEGE

Drug-Free Campus Procedures

I. INTRODUCTION

Central Oregon Community College is committed to the prevention of illicit drug use and the abuse of alcohol by both students and employees. Drug and alcohol abuse is a significant public health problem which has spread throughout our society, affecting performance and productivity, as well as our level of general health. In addition, the use of drugs can adversely affect an organization's level of safety as well as its public confidence and trust. And lastly, with reference to "The Drug-Free Schools and Communities Act Amendment of 1989 (Public Law 101-226)",

"...no institution of higher education shall be eligible to receive funds or any other form of financial assistance under any Federal program, including participation in any federally funded or guaranteed student loan program, unless it certifies to the Secretary that it has adopted and has implemented a program to prevent the use of illicit drugs and the abuse of alcohol by students and employees..."

In brief, this information packet has been developed by Central Oregon Community College to comply with the current federal law and to educate and inform its students and employees of the health risks, counseling and treatment resources, and sanctions for noncompliance. Central Oregon Community College will biennially review this program to ensure that the sanctions required are consistently enforced.

II. STANDARDS OF CONDUCT

STUDENTS AND EMPLOYEES

In compliance with the Drug-Free Workplace Act of 1988 (Public Law 100-690), Title V, Subtitle D) and the Drug-Free Schools and Committees Act Amendment of 1989 (Public Law 101-226), it shall be the policy of Central Oregon Community College to maintain a drug-free campus for all employees and students. In accordance with this intent, the policy G-70, Drug Free Campus and HR-1-1 Standard of Conduct for College Employees is in effect.

Drug-Free Campus. The unlawful possessions, use or distribution of illicit drugs and alcohol is prohibited on the College campus, in all College facilities, or as part of any College-sponsored activity. Violators of this policy will be prosecuted to the full extent of State and Federal law and, in addition, there are specific consequences for employees and for students which are stated in the College Drug-Free Campus Procedures.

The provisions of this policy regarding the prohibited dispensing, possession of, or use of alcoholic liquor may be suspended temporarily by action by the President in accordance with College Policy G-2-0, Alcoholic Beverages (COCC Procedures Manual).

III. HEALTH RISKS ASSOCIATED WITH THE USE OF ILLICIT DRUGS AND THE ABUSE OF ALCOHOL

Drug/Street Name	Length of the effects	Health Effects	Symptoms
Alcohol	1-12 hours	Causes depression, aggression, blurred speech, muscular in-coordination. Frequent use can lead to cirrhosis of liver, pancreatitis, brain disorders, vitamin deficiencies & malnutrition.	Puffiness of face, redness of eyes, depression, disorientation, shallow respiration, nausea, cold and clammy skin. Dehydration.
Marijuana /pot, reefer, grass, THC, hash, hash oil	2-4 hours	Can impair memory perception & judgment by destroying brain cells. Raises blood pressure. Contains more known carcinogens than cigarettes.	Euphoria, relaxed inhibitions, disoriented behavior, starrng off into space, hilarity without cause, time distortion. Blood-shot eyes, dry mouth & throat.
Barbiturates, Methaqualone/ quaaludes, ludes, yellow jackets, red devils.	1-16 hours	Can cause slurred speech; staggering gait; poor judgment, and slow, uncertain reflexes. Large doses can cause unconsciousness and death.	Slurred speech, disorientation drunken behavior with no odor of alcohol. Sedation.
Cocaine /coke, snow, blow, dust, lady	1/2-2 hours	Causes dilated pupils, increased blood pressure, heart rate, breathing rate & body temperature. Can cause seizures, heart attacks and death.	Apathy, anxiety, sleeplessness, paranoia, hallucinations craving for more cocaine. Weight loss. Constant sniffing.
Crack Cocaine /crack rock	5-10 min.	More & stronger cocaine is getting to the brain quicker, increasing risks of cocaine use.	Same as cocaine.
Amphetamines /uppers, speed, black beauties, dexies	1/2-2 hours	Increases heart rate, breathing rate, & blood pressure. High doses can cause tremors, loss of coordination & death from stroke or heart failure. Frequent use of large amounts can produce brain damage, ulcers and malnutrition.	Decreased appetite, dilated pupils, sleeplessness, agitation, unusual increase in activity.
PCP (phencyclidine)/angel dust, killer weed, crystal/cyclone, elephant tranquilizer, rocket fuel	variable	Increased heart rate and blood pressure. Large doses can cause convulsions, comas, heart & lung failure and ruptured brain vessels. Users may show long-term effects on memory, judgment, concentration and perception.	Sweating, dizziness, numbness, hallucinations, confusion, agitation. Violence and aggression or silence. & withdrawn state.
Heroin /Mexican brown, China white, Persian porcelain, "H"	12-24 hours	Repeated use can lead to infections of heart lining & valves, skin abscesses & congested lungs. Can lead to convulsions, coma & death.	Watery eyes, runny nose, yawning, loss of appetite, tremors, irritability, panic, chills, sweating, cramps, nausea.

Gas & Glue/Rush, Locker Room, aerosol cans, amyl nitrate, gasoline, lighter fluid. (Inhaled through a saturated cloth or in a bag covering nose and mouth.)	variable	Brain damage occurs when used over a long period of time. All these chemicals carry considerable risk, particularly of cardiac arrhythmia.	Very alert, keen senses, hallucinations, dizziness, scrambled words & discon- nected sentences. Smells like whatever the child was using.
Hallucinogens/LSD Mescaline, Peyote, mushrooms	3-12 hours	Dilated pupils, nausea, increased blood pressure, hallucinations, stomach cramps, blackouts. Flash- backs, a recurrence of the drug effects, may be a problem for some.	Beady eyes, nervous, erratic behavior, laughing, crying, personality changes, "sees" smells, "hears" colors. Marked depersonalization.
MDMA/Adam, Ecstasy, X-TC (A Designer Drug: structural analogs of controlled substances.)	variable up to days	Increased heart rate & blood pressure. Blurred vision, chills, sweating. Believed to cause permanent brain damage.	Confusion, depression, sleep problems, anxiety, paranoia, muscle tension, involuntary teeth clenching, nausea.

IV. APPLICABLE LEGAL SANCTIONS UNDER LOCAL, STATE, AND FEDERAL LAW FOR UNLAWFUL POSSESSION, USE, OR DISTRIBUTION OF ILLICIT DRUGS AND ALCOHOL

**Federal and State Law
Drug Schedules and Drug Offense Penalties**

The following chart lists the offense penalties for possession of key drugs according to the Federal Drug Schedules (schedules are more inclusive).

<u>Schedule and Class</u>	<u>Maximum Prison Time</u>	<u>Maximum Fine</u>
Schedule I, Class B Felony addictive illegal drugs: heroin, LSD, mescaline, peyote, hashish, psilocybin, THC	10 years	\$200,000
Schedule II, Class C Felony addictive prescription drugs: methadone; morphine, cocaine, methamphetamine, PCP, codeine, barbiturates, opium	5 years	100,000
Schedule III, Class B Misdemeanor Less addictive drugs: drugs with smaller narcotic content, steroids	6 months	2,500
Schedule IV, Class C Misdemeanor Antidepressants: valium, tranxene, dalmane	30 months	1,000

Schedule V - Violation

Drugs with minor narcotic content such as codeine cough syrups, anti-diarrhea medications	None	1,000
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Marijuana Penalties

Grow	Sell or give to minor	Sell	Give less than 1 oz	Give less than 5 gr.	Possess less than 1 oz.
A Felony	A Felony	B Felony	A Misdemeanor	Violation \$500-1,000 C Misdemeanor*	Violation \$500-1,000 C Misdemeanor*

*When offense is committed within 1,000 feet of a school

Alcohol is an illegal drug for those under age 21. Oregon statutes forbid any person other than the minor's parent or guardian to sell, give or otherwise make available alcoholic beverages to a person less than twenty-one years of age. Also it is unlawful to sell, give or otherwise make available alcoholic beverages to anyone when you know they will make the alcohol available to minors. Misrepresenting one's age for purpose of obtaining alcoholic beverages is a Class C misdemeanor. For drivers under 21, ANY detectable amount of alcohol may be grounds for license suspension from 90 days to one year.

Most drugs are illegal, and a criminal conviction may bar a student from one's chosen career path or an employee from employment with the college.

V. CENTRAL OREGON COMMUNITY SANCTIONS

STUDENTS

Students who violate either the drug or alcohol policies will follow the disciplinary procedures outlined in the Student Rights and Responsibilities. These procedures provide for due process for the student. Those found guilty of misconduct will be subject to the Forms of Discipline/Penalties as stated in the Student Rights and Responsibilities. These may include reprimand, disciplinary probation, summary suspension (immediate removal from presence on campus and participation in any College activity); suspension (exclusion from classes, privileges or activities for a specified period); and expulsion (termination of student status). Following a disciplinary review, if student is found guilty and not expelled, one of the forms of disciplines/penalties may be imposed in combination with a requirement to complete a drug or alcohol treatment and rehabilitation program.

EMPLOYEES

Sanctions which may be imposed on a College employee for violation of the code are outlined in HR-1-1 Standard of Conduct for College Employees in the College Procedures Manual:

Requirement of satisfactory completion of a drug abuse assistance or rehabilitation program; disciplinary probation (the suspension of a more severe penalty for a specific time period, based upon good behavior); suspension (the temporary barring from employment for a specific time period, without pay); and/or termination (to sever employment with the College).

All employees shall notify the Director of Human Resources within five days of their conviction for a violation of criminal alcohol drug laws involving the workplace.

VI. ASSISTANCE PROGRAMS AVAILABLE TO STUDENTS AND EMPLOYEES

Students seeking referral assistance in connection with alcohol or drug-related problems may contact their academic advisor, the Counseling Department, ext. 7580, the Office of Student Life, ext 7590, and/or the Campus Health Services, ext. 7586.

Employees seeking assistance for chemical/alcohol dependency may contact their immediate supervisor/or the Office of Human Resources. An explanation of benefits available to employees for chemical and alcohol dependency is contained in both the Employee Assistance Program brochure and the Oregon School Personnel Employee Benefit Plan (Plan 1). These documents are automatically provided to all employees. Additional copies are available in the Office of Human Resources.

The following agencies or organizations are also available for assistance.

Alcohol Abuse Treatment Center

1-800-333-2294

- * National Resource Center (Referrals)

Alcoholics Anonymous

389-5724

1-800-700-5724

Alcohol & Drug Help Hot Line/ Youth Line

Hotline: 1-800-621-1646

- * 24 hour hot line
- * Referral Services

Al-Anon

1-800-356-9996 - New York Office

9 am - 4 pm

Central Oregon meeting information:

382-5724

American Council on Alcoholism

Hotline: 1-800-527-5344

9 am - 5 pm Eastern time

- * Message Service/Referral Center

Confederated Tribes of Warm Springs

553-3205

After hours 553-1171 ask dispatcher to contact the Counseling Center crisis worker

8 am - 5 pm

- * Alcohol and Drug treatment
- * Alcohol and Drug Assesments and Evaluations
- * Group Counseling
- * Family Counseling
- * Referrals

- * Emergency Services

Crook County Mental Health

203 N Court

Prineville, OR 97754

447-7441

8 am - 5 pm

- * Alcohol and Drug Treatment
- * Crisis services
- * Recovery program
- * DUII Diversion Program
- * Individual Counseling
- * Intervention
- * Group and Family Therapy
- * Referral Services
- * Support Groups
- * Any age
- * Sliding fee scale for Crook County residents
- * Most insurance accepted

Deschutes County Drug and Alcohol Program

409 NE Greenwood

Bend, OR 97701

317-3141

8 a.m. - 5 p.m.

- * Alcohol and Drug Treatment
- * Individual and group sessions
- * Referral Services
- * Intervention
- * Group and Family Therapy
- * Support Groups
- * Recovery program
- * Any age

- * Gambling Addiction Treatment
- * Sliding fee scale most insurance accepted

Deschutes County Mental Health Youth Assistance Program

388-6601

- * Under 18
- * Alcohol and Drug Services
- * Family Therapy
- * Referral Services

Jefferson County Alcohol and Drug Service

715 SW 4th Street

Madras, OR 97741

475-6575

8:30 am - 5 pm after 5 by appointment

- * Outpatient treatment
- * Juvenile program for 13-17 year old youth
- * Adult program
- * Individual Counseling
- * Sliding fee scale
- * Male and Female Gender Program
- * Programs for Hispanic, Native American, and other ethnic groups
- * Relapse programs
- * Interventions
- * Individual and group treatment
- * DUII Diversion Program
- * Most insurance accepted

KLB Counseling

739 SW Evergreen

Redmond, OR 97756

3 pm - 9 pm M-F 9 am - 5 pm Sat

- * Alcohol and Drug Services
- * Individual Counseling
- * Referral Services
- * Intervention
- * Family Therapy
- * Group Therapy
- * \$65 hr -- Individual/Family sessions
- * \$25 session Group
- * Some sliding fees

Gary D. Matlick M.S.

1012 NW Wall St. STE 217

Bend, OR 97701

389-1269

- * 24 hour message service
- * Alcohol & Drug Services
- * Alcohol & Drug Treatment
- * Individual Counseling
- * Referral Services
- * Support Groups

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- * DUII Diversion Program Escalator
- * Sliding fees usual \$30 hour

National Help Line:

24 hour Hotline: 1-800-262-2463

- * Referral for Drug and Alcohol Treatment Centers

New Horizon Fellowship

PO Box 6045

Bend, OR 97708

389-7992

8 am -5 pm

- * Alcohol & Drug Services
- * Alcohol & Drug Treatment
- * Individual Counseling
- * Referral Services
- * Intervention
- * Support Groups
- * Group & Family Counseling
- * Residential Care
- * Biblical Foundation
- * Working Program
- * Recreation
- * Fees vary from \$0 - \$400 a month

New Realities Hypnotherapy Center

754 NW Broadway Ave

Bend, OR 97701

385-8603

- * Alcohol & Drug Treatment
- * Referral Services
- * Intervention
- * Family Therapy
- * Certified Alcohol & Drug Specialist

- * Short term therapy
- * Fee \$65 per session

Pioneer Trail Adolescent Treatment Center

4101 NE Division
Gresham, OR
1-800-333-0775

- * Drug and Alcohol treatment
- * Adolescents
- * In patient care
- * Out patient care
- * Individual counseling
- * Group counseling
- * Insurance recommended

Serenity Lane

601 NW Harmon BLVD
Bend, OR 97701
383-0844

- * Alcohol & Drug Services
- * Alcohol & Drug Treatment
- * Individual Counseling
- * Referral Services
- * Intervention
- * Family Therapy
- * Group Therapy
- * Residential Care
- * DUII Diversion Program
- * Most insurance accepted

Rimrock Trails Adolescent Treatment Center

1333 NW 9th
Prineville, OR 97754
447-2631

- * Ages 12-18
- * Out patient treatment (completed while living at home and continuing school)
- * In patient treatment
- * Long term treatment
- * State licensed
- * Most Insurance accepted

Rogue Recovery Programs

61451 Parrell Road
Bend, OR 97701
317-5894

- * Drug and Alcohol treatment
- * Referrals
- * Evaluations
- * Out-patient treatment
- * Random drug testing
- * Most insurance accepted
- * Alcohol & Drug Program
- * Men and women specific groups
- * Affordable fees