

Capacity

The Young Adult Hub Program (YAHP) in Crook County has the capacity for 7 enrolled clients. As YAHP will be an adjunct service aligned with the region's EASA program we project the total number served to reflect the amount of young adults not meeting screening criteria for EASA. Additionally, it includes clients who are appropriate for



Dean Bonanno is a therapist and serves as the Young Adult Hub coordinator.

Wrap services alone.

Community Partners

The YAHP works in continued partnership with DHS and foster care, or other placement providers such as Rimrock Trails and Juvenile Justice. It also reaches out to statewide resources on the residential and acute inpatient side to better coordinate discharge planning from existing adult foster care programs or the Oregon State Hospital system.

YAHP Activities

There are free classes for the YAHP clients, offered in partnership with the Crook County Juvenile Department. Classes included are art, Zumba, yoga, knitting, crocheted rag rugs, knitting and cooking. A bicycle clinic has been offered as well as a self defense class. Life skills are also taught, such as budgeting, writing resumes and completing applications, and cooking.



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Young Adult Hub Program

Goals:

- ◆ Community Education and Psycho Education targeted at young adults and guided by young adults.
- ◆ Ensuring that family and caregiver perspectives are heard when planning engagement, striving to provide options and choices reflecting that person's values and preferences.

Goals continued

- ◆ Research shows the propensity for stigma to be a major contributor to problems with chronicity, access and unnecessary multi-systemic dependency. YAHP practices will include interventions that facilitate youth development with a non-stigmatized focus.
- ◆ Integrated holistic care, i.e. medical and behavioral health, street yoga, alternative medicine (acupuncture), spiritual/faith-based healing.
- ◆ Ensuring that family and caregiver perspectives are heard when planning engagement, striving to provide options and choices reflecting that person's values and preferences.
- ◆ Focus on recovery and relapse prevention with clear transition plans and identified supports.
- ◆ Timely initial contact with referral or outreach, given the highly transient nature of this population.

How do I start?

The eligibility requirements are:

- ◆ Individuals must be between the ages of 14 and 24.
- ◆ Individuals who exhibit mental health symptoms but do not fit into the EASA program or any other type of mental health services.
- ◆ Individuals who need help socially and/or occupationally .
- ◆ Anyone in the specified age group who needs life skills and help in transitioning into adulthood.

Who do I contact?

If you meet the age requirement and any of the other eligibilities above, call Dean Bonanno at 541-323-5371, ext. 408 to get started in the program.



OUR MISSION:

Lutheran Community Services Northwest partners with individuals, families and communities for health, justice and hope.

The services of Lutheran Community Services Northwest are provided without regard to race, ethnicity, national origin, religious belief, gender, gender identity or expression, sexual orientation, age, marital status, ability, military or veteran status, source of income or political affiliation.

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Young Adult Hub



Reaching out to
Young Adults in our
Community

