**Example Questions to Ask a Medical Provider- Bring into your provider appointment to take notes**

1. What is my identified disability (are my disabilities?) and what diagnostic criteria was used to diagnose this?

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1. Please describe it in terms I can understand.

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1. In what specific ways does it affect how I learn? In other words, what are the functional limitations it creates in the academic environment to which I am seeking accommodations? (For example: Is my concentration affected by my disability? How?)

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1. What are my learning strengths?

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1. Which academic accommodations are supported by my documentation? (Review your list you made ahead of time)

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1. 10 facts I’ve learned about my disability are (review at the end of the appointment with your provider to check for correct understanding):

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