



YOGA TEACHER TRAINING TESTIMONIALS

“A+++ Unbelievable, truly! I can't express how impressed I am with the quality, thoughtfulness, curriculum planning, and sensitivity to individual differences. Joanna's ability to organize a vast amounts of information and communicate it effectively over the course of 12 weekends is amazing! She is truly a top-notch professor! Her professional background in nursing, yoga, massage, and dance contribute to an incredibly rich experience in class.”
--Anna Lemmon, MS Recreation Therapist

“The RHY teacher training was absolutely amazing!!! Everything I had anticipated was covered. Joanna's knowledge and breadth of information is wonderful. Great focus on individuality and safety. My favorite module was the alignment principles. I now have a safer practice that I can give my future students. The amount of information and how well rounded the training was amazing. I have grown leaps and bounds being in this program. It was phenomenal”
--Donna Chisolm PT RHY TT Graduate

“The Journey of RHY 200HR Teacher Training is an unforgettable experience. It creates a solid foundation for anyone wanting to become a yoga teacher. The program is very well developed and the information builds upon its self each session. If you want a well-rounded, welcoming yoga program, this is for you! Joanna is extremely knowledgeable. She has developed fabulous ways of presenting topics that address diverse learning styles.”
--Ashley Gruzca, RHY Teacher Training Graduate

“I've been teaching yoga since 2008, however, I wanted to earn a 200 hour certification to be more effective and to truly feel qualified to teach others the wonderful practice of yoga. I spent time researching yoga alliance trainings and was blown away by how knowledge based this Therapeutic training is and how much it has to offer. Taught with compassion, Joanna is an experienced trainer with well-rounded knowledge on the philosophy of yoga, anatomy, holistic health, and neuro-developmental pattern to name a few. Radiant Health Yoga Teacher Training has prepared me to teach special populations, private sessions, and workshops. Personally, I've walked away with a calmer and more centered attitude of life. I've acquired new tools for teaching that aren't limited to the mat, as well as learning much, much more about myself and how we relate to each other.”
--Jessica Moore – 2013 RHY TT Graduate