



**EMT Refresher Course
Central Oregon Community College
SAMPLE TOPIC SCHEDULE**

Meets 24 hours of Oregon EMT Refresher Requirements

Topics and times are subject to change

Date	Time	Topic	Requirement Met	Hours
SAMPLE	1230-1300	<i>Arrive-Check-in</i>		
	1300-1330	<i>Introduction/Preparatory</i>	Intro/Preparation	.5
	1330-1400	<i>Patient Assessment</i>	Patient Assessment	.5
	1400-1500	<i>General Pharmacology</i>	Misc EMS Topics	1
	1500-1530	<i>Lunch break 30 minutes</i>		
	1530-1630	<i>Cardiovascular Emergency</i>	Medical Emergencies: Cardiovascular	1
	1630-1730	<i>Cardiac Hands-On</i>	Medical Emergencies: Cardiovascular	1
	1730-1830	<i>Neurologic Emergency</i>	Medical Emergencies	1
	1830-1900	<i>Environmental Heat/Cold</i>	Misc EMS Topics	.5
	1900-1930	<i>Allergic Reactions</i>	Medical Emergencies	.5
			Total Hours Day 1	6 hours
SAMPLE	0800-0900	<i>Medical Case Reviews</i>	Misc EMS Topics	1
	0900-1000	<i>Lifting and Moving Patients</i>	Patient Assessment	1
	1000-1100	<i>Communication & Documentation</i>	Patient Assessment	1
	1100-1200	<i>Drowning & Diabetic Emergencies</i>	Medical Emergencies	1
	1200-1300	<i>Lunch break 1 hour</i>		
	1300-1400	<i>Pediatric/Obstetric Emergencies Hands-On</i>	Pediatric/OB Emergencies	1
	1400-1500	<i>Pediatric Respiratory</i>	Pediatric/OB Emergencies	1
	1500-1600	<i>Pediatric Med & Trauma</i>	Trauma Emergencies	1
	1600-1700	<i>Airway & Breathing</i>	Airway, Breathing, Cardiology	1
	1700-1800	<i>Airway Hands-On</i>	Airway, Breathing, Cardiology	1
			Total Hours Day 2	9 hours
SAMPLE	0800-0900	<i>Trauma Case Reviews</i>	Trauma Emergencies	1
	0900-1000	<i>Kinematics of Trauma</i>	Trauma Emergencies	1
	1000-1100	<i>Bleeding & Shock</i>	Trauma Emergencies	1
	1100-1200	<i>Head & Spine</i>	Trauma Emergencies	1
	1200-1300	<i>Lunch break 1 hour</i>		
	1300-1500	<i>Hands-on Trauma</i>	Trauma Emergencies	2
	1500-1600	<i>Soft Tissue</i>	Trauma Emergencies	1
	1600-1700	<i>Assisting w/ IV Therapy</i>	Misc EMS Topics	1
	1700-1800	<i>Assisting w/ Cardiac Monitoring</i>	Misc EMS Topics	1
			Total Hours Day 3	9 hours

This course meets 24 hours of the EMT Basic NREMT 'Minimum Basic Requirements'. To review complete NREMT requirements, go to 'EMT Recertification' at <https://www.nremt.org/rwd/public/document/emt-recert>