

MASSAGE THERAPYAssociate of Applied Science (AAS) Degree
91-103 credits**DEGREE AS AWARDED ON TRANSCRIPT**

Associate of Applied Science, Massage Therapy

PROGRAM REQUIREMENTS

BA 111	Applied Accounting	3
BA 214	Business Communications	3
BI 121, 122	Anatomy and Function I, II	8-12
or BI 231, 232, 233	Anatomy and Physiology I, II, III	
CIS 120	Computer Concepts	0-4
or Computer Competency Test		
LMT 113	Kinesiology I	4
LMT 118	Kinesiology II	4
LMT 124	Kinesiology III	4
LMT 130	Massage Fundamentals	2
LMT 135	Managing a Massage Practice	3
LMT 140	Pathology	4
LMT 145	Massage I	4
LMT 150	Massage II	4
LMT 155	Eastern Theory and Practice	2
LMT 160	Hydrotherapy	1
LMT 170	Professional Ethics and Rules	2
LMT 175	Swedish Relaxation Clinic	2
LMT 180	Therapeutic Clinic	3
LMT 200 level	electives	15
LMT 210	Community Outreach	2-4
or LMT Advanced Clinic course substitutions ¹		
LMT 245	Effective Office Decisions	2
MTH 020	Pre-Algebra	3-4
(or higher)		
SP 218	Interpersonal Communication	3
WR 121	Academic Composition	4
Choose two courses from the Discipline Studies list		6-10
Health²		3-4

Choose one of the following two options:

Option 1

HHP 252A Fitness/First Aid

Option 2

Any one course listed below and an activity/health module:

HHP 231 Human Sexuality

HHP 242 Stress Management

HHP 258 Holistic Wellness

HHP 266 Nutrition for Health

HHP 295 Health & Fitness

FOOTNOTES¹ Choose from the following Advanced Clinic course substitutions:

FN 225 Human Nutrition (4)

HHP 131 Introduction to Exercise/Sport Science (3)

HHP 231 Human Sexuality (3)

HHP 242 Stress Management (3)

HHP 248 Health Psychology (3)

HHP 252A Fitness/First Aid (3)

HHP 258 Holistic Wellness (3)

HHP 259 Care and Prevention of Athletic Injury (3)

HHP 260 Anatomical Kinesiology (4)

HHP 261 Exercise Physiology (4)

HHP 262 Training Theory and Applications (3)

HHP 266 Nutrition for Health (3)

HHP 270 Sport and Exercise Psychology (3)

HHP 295 Health and Fitness (3)

² HHP 252A is recommended