

MASSAGE THERAPY

Massage Therapy

Associate of Applied Science

PROGRAM DESCRIPTION

The Massage Therapy program focuses on integrating the sciences relating to the human body with the theories and practice of massage therapy. Massage therapy students develop many skills that include a variety of massage techniques and modalities, methods to maintain client and business records, understanding the importance of client/practitioner boundaries, client communication skills and the use of universal sanitation practices.

The Associate of Applied Science (AAS) degree includes the Certificate of Completion in massage therapy and will qualify a student to sit for the licensing exams as required by the Oregon Board of Massage Therapists. The AAS builds skills for graduates to perform a wide variety of massage therapy modalities as well as business competencies.

ACCREDITATION

Commission on Massage Therapy Accreditation (COMTA)

PROGRAM COSTS

(beyond standard tuition/fees and textbooks)

Material Costs

- Massage table (\$400-\$700)
- Black COCC logo polo shirt (\$40)

Enrollment Fees

- \$17 per credit for first year LMT prefix courses
- \$25 per credit for all other LMT prefix courses

PROGRAM ENTRANCE REQUIREMENTS

Academic Entrance Requirements

- Required:
 - Minimum placement score into MTH 020 Pre-Algebra or complete MTH 010 Developmental Mathematics or higher ("C" or better)
 - Minimum placement scores resulting in WR 121 Academic Composition placement or completion of WR 065 Rhetoric/Critical Thinking II/WR 095 Basic Writing II ("C" or better)
- Recommended:
 - BI 121 Anatomy and Function I or BI 122 Anatomy and Function II, or BI 231 Human Anatomy and Physiology I

Other Entrance Requirements

- Required:
 - Must be a minimum of 18 years of age
 - Earned high school diploma or GED

PROGRAM PERFORMANCE STANDARDS

Academic Requirements

- Students must have a 2.0 cumulative GPA to earn a COCC certificate or degree.
- All courses in the program must be completed with a grade of C or higher.

Additional Requirements

- Verification of contact hours is required by the Oregon Board of Massage Therapists licensing requirements. Students must meet the Oregon Board of Massage Therapists attendance requirement of 90% contact hour completion for each LMT course contact hours as identified on all LMT course syllabi.
- Students are required to adhere to the professional conduct standards outlined within the student handbook.

PROGRAM COURSE REQUIREMENTS

Core Courses

Choose one option from the following: 8-12

Option 1:

BI 121	Anatomy and Function I	
& BI 122	Anatomy and Function II	

Option 2:

BI 231	Human Anatomy and Physiology I	
& BI 232	Human Anatomy and Physiology II	
& BI 233	Human Anatomy and Physiology III	

BA 214	Business Communications	3
CIS 120	Computer Concepts (or Computer Competency Test)	0-4
LMT 113	Kinesiology: Massage Ther I	4
LMT 118	Kinesiology for Massage Therapy II	4
LMT 124	Kinesiology for Massage Therapy III	4
LMT 130	Massage Fundamentals	2
LMT 135	Managing a Massage Practice	3
LMT 140	Pathology for Massage Therapy	4
LMT 145	Massage I	4
LMT 150	Massage II	4
LMT 155	Eastern Theory & Practice	2
LMT 160	Hydrotherapy	1
LMT 170	Professional Ethics & Rules	2
LMT 175	Swedish Relaxation Clinic	2
LMT 180	Therapeutic Clinic	3
LMT 200	Level Electives	17
LMT 210	Community Outreach	2
LMT 245	Effective Office Decisions	2

Other Required Courses

Two Courses from the Discipline Studies List 6-10

Choose one of the following: 3-4

HHP 252A Fitness/First Aid or

Any one course listed below and an activity/health module:

HHP 231	Human Sexuality	
HHP 242	Stress Management	
HHP 258	Holistic Wellness	
HHP 266	Nutrition for Health	
HHP 295	Health and Fitness	
MTH 020	Pre-Algebra (or higher)	4
SP 218	Interpersonal Communication	3
or BA 178	Customer Service	
WR 121	Academic Composition	4

Total Credits 91-104

ADVISING NOTES

Students are offered two opportunities to enter the Massage Therapy program each year including a Fall day-program start and a Spring evening-program start. Each program start requires the block of courses to be completed before moving to the next sequence of related courses. Students may take non-massage therapy courses (any course that does not begin with a LMT prefix) at any time prior to enrollment into the LMT program or during enrollment in the LMT program if time is available.